

# Medical Center stresses prenatal care as foundation for children's well-being

PROVO — Utah Valley Medical Center puts a great deal of emphasis on prenatal care in order to encourage prospective parents to ensure the well-being of their children.

Utah continues to have the nation's highest birth rate and that birth rate is led by Utah County, said Mark Howard, hospital administrator.

For example, nearly 5,000 babies were born in Utah Valley Regional Medical Center last year.

As part of its commitment to the safest, most up-to-date prenatal care, the center offers free pregnancy tests every Thursday from 10 a.m. to noon in the maternity area.

"We want people to know as soon as possible when they're pregnant so that they can take care of themselves properly, avoid harmful substances, and practices," Vicki McClellan, assistant director of nursing, said.

The center's behavioral medicine department will hold a free public lecture on "Relaxation Tips for Pregnant Women" Aug. 16, at 10 a.m. in the Clark Auditorium.

Therapist Bill Marshall will discuss the nature of stress and how to deal with it in pregnancy. A personal cassette tape will be made for each participant that can be used at home or in labor.

Gov. Scott M. Matheson has proclaimed this week as Prenatal Awareness Week, and he encourages prospective parents to ensure the well-being of their children through proper prenatal care.

Further information on this program or other free community services is available at the education department, 373-7850, ext. 2875.



Carole and Jerry Jackman enjoy their steak dinner as Susannah waits in her crib.

## Parents get a special dinner treat

8-6-84

PROVO — The birth of a baby is something special, but Utah Valley Regional Medical Center is adding a little icing to the cake.

To commemorate the special event, the hospital will provide the new parents with a private steak dinner.

"This gives couples a chance to spend a quiet, romantic dinner together before going home to the pressures of a new baby," said Kathy Vennum, head nurse in postpartum recovery.

The nurses set up a dinner table in the mother's room

or in one of the floor's private resource rooms if she shares a room.

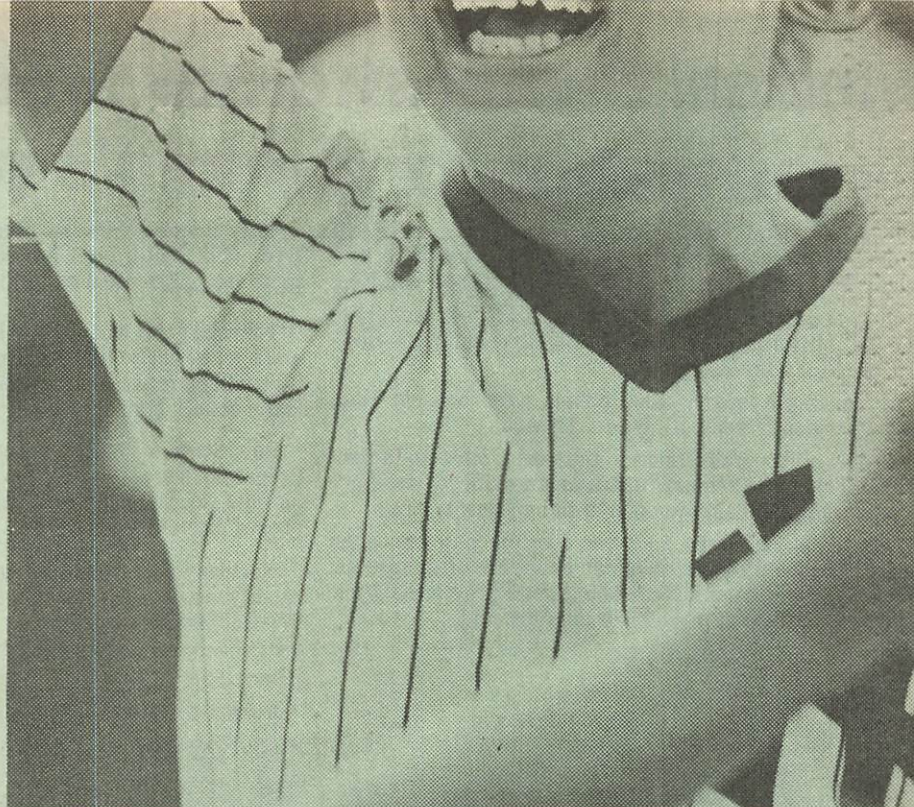
"The new mother and father then enjoy a steak dinner, complete with salad, roll, vegetable, baked potato, beverage and dessert," she said.

Even if the mother has a short stay of 12 hours, or an infant is in intensive care, or there are any other difficulties, she and her husband can return for their dinner another time with prior notification, Mrs. Vennum said. "This is just another way the hospital has of showing its appreciation to our customers, especially our new parents," said Jerry Sorensen, director of public relations.





perches on helmet  
warm up, above.  
Baumgartner, right,  
hitting homer for the  
Little League crown.



PHOTOGRAPHY/GARY McKELLAR

Yankees started rally double Wood- their another pulled runs of red off at 4-4 e um- second a sin- third never,

when Baumgartner dashed for third on Gren's hit, the ball hit him in the leg and the umpire at third base called Baumgartner out. But the homeplate umpire overruled the call, saying the Dodgers' pitcher touched the ball before it hit Baumgartner. The umpire then allowed Baumgartner to score, saying that he would have scored if the ball wouldn't have hit him. This tied the score 4-4.

With the rain coming down steadily, the Dodgers scored the go-ahead run in the top of the sixth off an overthrown ball to the Yankees third baseman. Worthington scored the run.

However, the Yankees came back in the bottom of the sixth with a single each by Finch and Jasper. And the rest was history as Baumgartner stepped up to the plate and hit his game-winning home run.

Fifth place in the tournament went to Nephi NRP No. 1 as they beat the Payson Cardinals, who finished 10th, 12-10. Moab First Western took sixth with a 5-4 win over the Payson Giants; the Nephi Merchants finished seventh in the tournament by beating the Payson Orioles 13-10 and the Gunnison Giants took ninth by beating the Pleasant Grove Dodgers.

In Friday's games, the Pleasant

Grove Cardinals beat the Orem Southeast Yankees, 6-5; the Pleasant Grove Dodgers blasted the Pleasant Grove Yankees, 15-5; the Payson Orioles shutout the Sanpete Indians, 5-0; Moab First Western beat the Orem Southeast A's, 6-0; the Nephi Merchants slipped past the Orem Southwest Mets, 11-10; Nephi NRP beat the Orem Southwest Colts, 9-6; the Gunnison Giants beat the Pleasant Grove No. 1 team, 7-5; the Payson Giants bombed the Orem Northeast Twins, 14-7; the Payson Cardinals beat the Pleasant Grove Braves 8-3; and the Orem Southwest Dodgers beat the Moab Elks, 10-2.

## m for 67 n best-ball

o on the local tournament schedule is amateur Sunday at Cascade Fairways in Orem. Shotgun starts are scheduled and 2 p.m. and golfers are allowed a handicap of 18. Entry fee is \$25. Prize rded will be based on the number of addition, a set of Browning woods and given to the golfer scoring the tournament hole-in-one. To enter call Cascade at

classes for adults and juniors will be at Tri-City Golf Course in American s classes are scheduled for 8 a.m. and adult classes will be at 10 a.m. and 5 will be held Tuesdays and Thursdays eeks for a total of six lessons. Adult cost \$25 and juniors \$18. The fees in- balls and instruction. Classes will be ob MacArthur. Those interested can at 756-3594 to sign up.

## Tri-Cities slips past Alta 6-5, advances

MURRAY — Tri-Cities scored four runs in the bottom of the sixth inning Saturday to beat Alta 6-5 in the first round of the American Legion state baseball tournament.

Complete details of the tournament will run daily in the regular Deseret News sports section.

Tri-Cities, the District 4 champion, stretched its winning streak to 10

games and upped its overall record to 22-12. Tri-Cities won the league championship last Wednesday when Orem forfeited. Orem was only half a game behind Tri-Cities before it forfeited.

Orem then had to play Helper to decide second place in the district — and lost a doubleheader, allowing Helper to go to the state tournament as the second-place team.

## OLD NEWS = GOOD NEWS

Beginning August 11, Saturday, our new recycling center will open in Provo. We will buy newspapers and aluminum cans from individuals and private organizations 6 days a week — year round. So save your newspapers and aluminum cans for opening day and take part in a special drawing for the kids.

**SEAGULL RECYCLING**  
975 West Center Street, Provo, Utah